ZURI
ZANZIBAR
HOTEL & RESORT

WELLBEING BY ELEMENTS

WELCOME TO YOGA, MEDITATION AND MUCH MORE

TO HEAL IS TO LISTEN
TO YOUR BODY AND MIND

WELCOME TO

THE WELLBEING JOURNEY BY ELEMENTS

THE JOURNEY OFFERS YOU A WELLBEING UPGRADE THAT PUTS A HOLISTIC FRAME AROUND YOUR VACATION. BOOST YOUR IMMUNITY, REACH A BALANCE AND GAIN TOOLS FOR LIFELONG MENTAL AND PHYSICAL SELF-GUIDANCE.

CHOOSE YOUR WELLBEING JOURNEY. JOIN A DAILY GROUP CLASS, BOOK A PRIVATE SESSION OR TAILORED PACKAGE.

- Daily yoga group classes (Read more)
- Private wellbeing sessions (Read more)
- Wellbeing packages

CHOOSE ONE OF THE TAILOR MADE PACKAGES

LOVE CELEBRATION – A GUIDED MEDITATION PRACTICE S

Celebrate your love with an intimate private meditation for two. Reconnect through guided mindfulness and deep relaxation in a serene setting. This exclusive wellness ritual is designed to deepen your bond, restore harmony, and create unforgettable honeymoon memories.

60 MIN I USD 70 PER COUPLE I YOGA DECK

FLOATING SOUND BATH EXPERIENCE

Escape into a world where water, sound, and nature unite in perfect harmony. Float effortlessly as the healing vibrations of crystal singing bowls release tension, restore balance, and renew your energy. This immersive wellness ritual calms the mind, relaxes the body, and nourishes the soul.

30 MIN I USD 50 PER PERSON I YOGA DECK

MBSR | MINDFULNESS-BASED STRESS REDUCTION

Experience an introduction to Mindfulness-Based Stress Reduction, exploring how mindfulness can calm the mind, increase self-awareness, and reduce stress. Through guided body scan and mindful practice, you'll discover simple yet effective techniques to understand the patterns of the mind and cultivate clarity, balance, and connection. A meaningful experience to reconnect with yourself and take home tools for lasting wellbeing.

60 MIN | USD 50 PER PERSON | YOGA DECK

PRICE & HOW TO BOOK

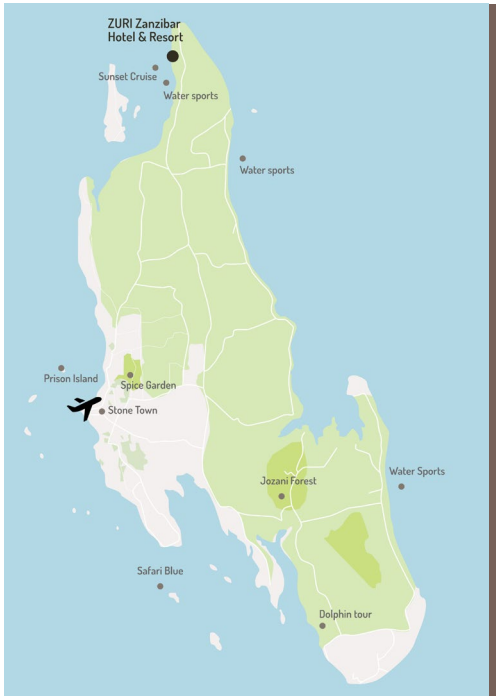
45 MIN GROUP YOGA	INCLUDED
60 MIN PRIVATE YOGA	USD 50 / PERSON
WELLBEING PACKAGES	FROM USD 50 / PERSON

- We recommend to book in advance, directly with our holistic manager.

EMAIL	HOLISTIC_MANAGER@ZURIZANZIBAR.COM
WHATSAPP	+255 620 250 132

TERMS & CONDITIONS

- The price is non-refundable and includes VAT.
- The price does not include accommodation which must be booked for the full duration of the wellbeing journey.
- The wellbeing program is not accessible for non-staying guests.
- The prices do not include any MAUA Spa treatments, dining and water sports options outside those already included in the individual guest's current reservation.
- The program is subject to change.



ZURI ZANZIBAR
P.O.Box 3381
Kendwa Beach
Zanzibar
Tanzania

RESERVATIONS: +420 731 338 514
GUEST SERVICES: +255 620 250 132

AIRPORT: Abeid Amani Kaume International Airport
DISTANCE: 50km from Stone Town to the Resort

info@zurizanzibar.com
www.zurizanzibar.com

A MEMBER OF DESIGN HOTELS™

EARTHCHECK

ed20260808