

ZURI  
ZANZIBAR  
HOTEL & RESORT

**WELLBEING BY ELEMENTS**

WELCOME TO YOGA, MEDITATION AND MUCH MORE

TO HEAL IS TO LISTEN  
TO YOUR **BODY** AND MIND





WELCOME TO

## THE WELLBEING JOURNEY BY ELEMENTS

THE JOURNEY OFFERS YOU A WELLBEING UPGRADE THAT PUTS A HOLISTIC FRAME AROUND YOUR VACATION. BOOST YOUR IMMUNITY, REACH A BALANCE AND GAIN TOOLS FOR LIFELONG MENTAL AND PHYSICAL SELF-GUIDANCE.

CHOOSE YOUR WELLBEING JOURNEY. JOIN A DAILY GROUP CLASS, BOOK A PRIVATE SESSION OR TAILORED PACKAGE.

- Daily yoga group classes [\(Read more\)](#)
- Private wellbeing sessions [\(Read more\)](#)
- Wellbeing packages

## CHOOSE ONE OF THE TAILOR MADE PACKAGES

### TANTRIC COUPLE CONNECTION A PRIVATE RETREAT FOR COUPLES

Take your loved one into a journey of self-discovery. Go inwards, retreat yourself, and allow deeper layers of connectivity to unfold. In these 2 hours couple retreat, you will enjoy deep moments of relaxation through guided meditation, sound healing, conscious breathing practices, and a gentle and fun couples yoga practice.

2 HRS | USD 140 PER COUPLE | YOGA DECK



### GENERATION GATEWAY ALL FAMILY RETREAT

Open your heart and connect to all your ancestors, send love and gratitude to all your family members. Get out from your mind, and unleash the child within and enjoy a playful family yoga practice. Then have a moment to journal what come up in the meditation. Expand your creativity and paint together your family tree while listening to deep relaxing music.

2 HRS | USD 70 PER PERSON | USD 35 PER KID (6-12 YRS) | YOGA DECK



## RETREAT YOURSELF FOR SOLO TRAVELLERS

Embark on a transformative journey of self-discovery with our personal yoga retreat—a solo experience designed to immerse in profound relaxation and present-moment awareness. Guided by our experienced teachers, delve into a deep connection with your inner self and higher spirit. Embrace moments of rest, meditation, and introspective journaling as you navigate this enriching solo yoga retreat.

2 HRS | USD 90 PER PERSON | YOGA DECK





## PRICE & HOW TO BOOK

60 MIN GROUP YOGA  
60 MIN PRIVATE YOGA  
WELLBEING PACKAGES

INCLUDED  
USD 50 / PERSON  
FROM USD 70 / PERSON

- We recommend to book in advance, directly with our holistic manager.

EMAIL

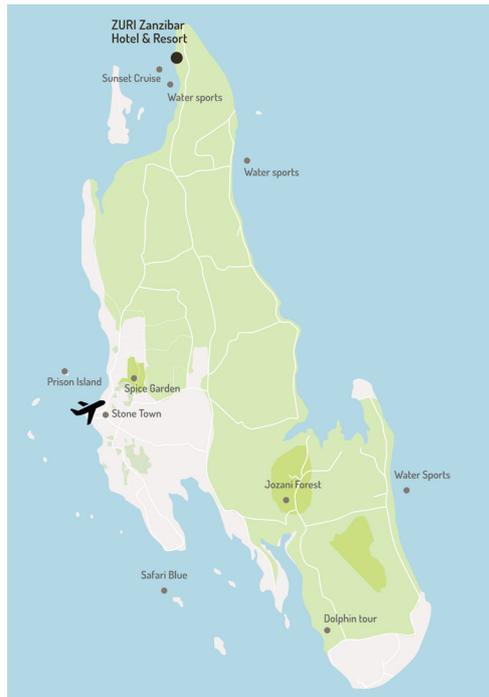
HOLISTIC\_MANAGER@ZURIZANZIBAR.COM

WHATSAPP

+255 620 250 132

## TERMS & CONDITIONS

- The price is non-refundable and includes VAT.
- The price does not include accommodation which must be booked for the full duration of the wellbeing journey.
- The wellbeing program is not accessible for non-staying guests.
- The prices do not include any MAUA Spa treatments, dining and water sports options outside those already included in the individual guest's current reservation.
- The program is subject to change.



## ZURI ZANZIBAR

P.O.Box 3381  
Kendwa Beach  
Zanzibar  
Tanzania

RESERVATIONS: +420 731 338 514

GUEST SERVICES: +255 620 250 132

AIRPORT: Abeid Amani Kaume International Airport

DISTANCE: 50km from Stone Town to the Resort

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A MEMBER OF  
**DESIGN HOTELS™**



EARTHCheck