



ZURI PROGRAM 6th -12th February



WELLBEING

ENTERTAINMENT

	MONDAY - EARTH -	TUESDAY - WATER -	WEDNESDAY - FIRE -	THURSDAY - AIR -	FRIDAY - ETHER -	SATURDAY	SUNDAY	
WELLBEING	GROUND INTO GRATITUDE HATHA YOGA 8:00 / 60 min / USD 25 pers. Yoga Deck	WAKE UP AND GLOW HATHA YOGA 8:00 / 60 min / USD 25 pers. Yoga Deck	PRANAYAMA & HATHA YOGA TO BOOST METABOLISM 8:00 / 60 min / USD 25 pers. Yoga Deck	AFTER FLIGHT MUSCLE MELT YIN YOGA 8:00 / 60 min / USD 25 pers. Yoga Deck	IMMUNE BOOST HATHA YOGA 8:00 / 60 min / USD 25 pers. Yoga Deck	JOY LAUGHING HATHA YOGA 9:00 / 60 min / USD 25 pers. Yoga Deck	IMMUNE BOOST HATHA YOGA 9:00 / 60 min / USD 25 pers. Yoga Deck	
	ACRO YOGA FOR COUPLES 09:00 / 60 min / USD 50 pers. Yoga Deck	AFTER FLIGHT MUSCLE MELT YIN YOGA 9:00 / 60 min / USD 25 pers. Yoga Deck	IGNITE YOUR INNER FIRE VINYASA YOGA FLOW 9:30 / 60 min / USD 25 pers. Yoga Deck	ACRO YOGA FOR COUPLES 9:00 / 60 min / USD 50 pers. Yoga Deck	ACRO YOGA FOR COUPLES 9:00 / 60 min / USD 50 pers. Yoga Deck	REIKI - ENERGY HEALING 11:00 / 60 min / USD 50 pers. Yoga Deck	OCEAN FLOW SUP YOGA - BOOK 24 HRS AHEAD 15:00 / 60 min / USD 50 pers. Meet at Beach/Wimbi	OCEAN FLOW SUP YOGA - BOOK 24 HRS AHEAD 15:00 / 60 min / USD 50 pers. Meet at Beach/Wimbi
	GROUNDING VINYASA FLOW CLASS 15:00 / 45 min / Complimentary Yoga Deck	OCEAN FLOW SUP YOGA - BOOK 24 HRS AHEAD 15:00 / 60 min / USD 50 pers. Meet at Beach/Wimbi	GENTLE YIN YOGA FOR BURNOUT 15:00 / 60 min / USD 25 pers. Yoga Deck	HATHA YOGA AND HEART MEDITATION 15:00 / 60 min / USD 25 pers. Yoga Deck	KUNDALINI YOGA FOR HEALTHY THYROID 15:00 / 45 min / Complimentary Yoga Deck			 Scan for online ZURI & KIDS PROGRAM
	LOWER BACK BLISS WITH YIN YOGA 16:00 / 60 min / USD 25 pers. Yoga Deck	ACRO YOGA FOR COUPLES 16:00 / 60 min / USD 50 pers. Yoga Deck	SURRENDER, LET GO – HATHA YOGA & MEDITATION 16:00 / 45 min / Complimentary Yoga Deck	SELF LOVE YIN YOGA 16:00 / 60 min / USD 25 pers. Yoga Deck	GENTLE HATHA YOGA & TIBETAN BOWL HEALING 16:00 / 60 min / USD 25 pers. Yoga Deck			
ENTERTAINMENT	MAASAI SHOW 18:30 – 18:45 Bahari Bar / Beach <i>Book your Sundowners</i>	KIZOMBA SHOW & DANCE CLASS 20:30 – 22:00 Main staircase / Reception <i>Come and learn the art of this popular dance with professional young artists</i>	LIVE MUSIC SESSION 17:30 – 19:30 Bahari Bar / Beach 20:00 – 22:00 Main staircase / Upendo	VILLAGE TOUR - BOOK 24HRS AHEAD 09:00 – 10:30 / USD 15 pers. Reception	DRUM & DANCE SHOW 21:00 – 22:00 Main staircase / Reception <i>Join for a unique rhythmic drumming show with Zanzibari drummers and dancers.</i>	SUNSET DJ SESSION 17:30 – 19:30 Bahari Bar / Beach <i>Book your Sundowners</i>	LIVE MUSIC SESSION 17:30 – 19:30 Bahari Bar / Beach <i>Book your Sundowners</i>	
			AFRICAN WORKSHOP 16:00 – 17:00 / Beach area	FIRE DANCE SHOW 18:30 – 18:50 Bahari Bar / Beach		MOVIE NIGHT From 20:30 Main staircase / Reception <i>Check the blackboard for today's movie</i>	BAHARI BBQ DINNER & LIVE MUSIC – BOOK AHEAD 19:30 – 22:00 / USD 65 pers. Bahari Bar / Beach	
			AFRICAN NIGHT MARKET & MAASAI POOL CHALLENGE 19:00 – 22:00 Main staircase / Reception	BAHARI BBQ DINNER & LIVE MUSIC – BOOK AHEAD 19:30 – 22:00 / USD 65 pers. Bahari Bar / Beach				

BOOK VIA WHATSAPP: Holistic Manager +255 62 02 55 098 | Guest Services +255 62 02 50 132. The program is subject to change. ED2302a